

WORK HARD RUN HARDER SATURDAY, AUGUST 21, 2010



ENTRY FEE: 5K Race @ 8:30AM | \$30 early bird until August 1st | \$35 August 2-20 | \$40 on Race Day
 Fee includes race entry, tech shirt and 1 Upper Sideline ticket to the August 21st match vs. Colorado Rapids
 Additional Upper Sideline game tickets are available for only \$16 each (reg. \$26)
1 Mile Kids Run @ 8:00AM | \$16 | Includes 1 game ticket to August 21st match vs. Colorado Rapids

AGE DIVISIONS: 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-59, 60-69, 70+

COURSE INFO: This fast course winds around Crew Stadium, the Ohio Historical Society, some of the nearby fairground areas, and finishes inside Crew Stadium. This is a USATF Certified Course.

PACKETS: Packets can be picked up at the Columbus Running Company (6465 Perimeter Dr., Dublin, OH 43016) from August 14-20 during store hours. Race day pickup begins at Crew Stadium at 6:30AM.

RACE AWARDS: The top three overall men and women will receive Pre-Game recognition on 8/21, 1 Fantasy Seat for the 8/21 match, and two VIP Terrace tickets for the October 24th Philadelphia Union match. The top three men and women in each age divisions receive two tickets to the October 2nd San Jose Earthquakes match. All awards will be presented after the Crew 5K on the Crew Kicker Plaza.

RACE REGISTRATION: REGISTER ONLINE: www.thecrew.com/5K

NAME: _____

ADDRESS: _____

CITY/STATE/ZIP: _____

EMAIL: _____ PHONE: (____) _____

CHECK ONE: MALE FEMALE AGE ON RACE DAY: _____

RACE SELECTED (CHECK ONE): 1-MILE KIDS RUN 5K RACE

5K RUNNER SHIRT SIZE: S M L XL XXL

ENTRY \$ _____ + (# OF EXTRA TICKETS ____ x \$16= \$____) + PROCESSING \$5

TOTAL DUE: \$ _____

PAYMENT METHOD:

MAKE CHECK PAYABLE TO: *CREW STADIUM*

CREDIT CARD (CHECK ONE): VISA MASTERCARD DISCOVER AMEX

CARD NUMBER: _____ EXP. DATE: ____/____/____

NAME ON CARD: _____ SIGNATURE: _____

PLEASE SIGN WAIVER BELOW TO COMPLETE REGISTRATION

WAIVER

"The undersigned ("Athlete") on behalf of himself/herself and on behalf of the Athlete's personal representatives, assigned, heirs, executors, hereby fully and forever release, waives discharges and covenants not to sue the Columbus Crew, Crew Soccer Stadium, Team Columbus Soccer, LLC, RunOhio, Ohio Historical Society, Ohio Expo Center and all municipal agencies whose property and/or personnel are used, and all other sponsoring or co-sponsoring companies or individuals related to the Columbus Crew 5K (collectively "Releases") from all liability to the Athlete and his/her personal representatives, assigns, heirs and executors, for all loss(es) or damage(s) and any and all claims or demands therefore, on account of inquiry to the Athlete or property or resulting in the death of the Athlete, whether caused by the active or passive negligence of all or any of the Releases or otherwise in connection with the race. The athlete represents and warrants that he/she is in good physical condition and is able to safely participate in the Race, knowing the risks associated with the Race. The Athlete hereby consents to receive medical treatment, which may be deemed advisable in the event of injury, accident and/or illness during the event. The Athlete hereby assumes all risk of loss(es), damage(s), or injury(s) that may be sustained by him/her while participating in the Race. The Athlete agrees to the use of his/her name and photographs in broadcasts, newspapers, brochures and other media WITHOUT Athletes permission or compensation. The Athlete acknowledges that the entry fees is nonrefundable and nontransferable."

SIGNATURE: _____ DATE: ____/____/____

GUARDIAN SIGNATURE: _____ DATE: ____/____/____
 (IF PARTICPANT IS YOUNGER THAN 18 ON RACE DAY)



CALL, MAIL or FAX FORM TO REGISTER:

Nick Volsko | Columbus Crew
 One Black & Gold Blvd.
 Columbus, OH 43211
 614-447-4128 (Direct) | 614-447-4114 (Fax)
 nvolsko@thecrew.com

REGISTER ONLINE: www.thecrew.com/5K



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